



**ANTIGUA AQUATIC CLUB  
5th ANNUAL SPRINTER'S CHALLENGE  
FEBRUARY 8th, 2015**

**ANTIGUA WEST INDIES**

The Antigua Aquatic Club-Storm extends to you a cordial invitation to Celebrate with us our FIFTH ANNUAL CLUB SPRINTER'S CHALLENGE to be held in Antigua, Sunday 8<sup>th</sup> February, 2015.

**Location: Antigua Athletic Club  
No. 24 Pavillion Drive (Coolidge, Antigua, W.I.)  
Tel. 268 726-6666**

**Course: 6-lane 25 meter Pool.**

**Timing System: Dolphin DTS; Automatic Start, Manual Stop.**

**False Start FINA rule "SW 4.4" will be in effect: NO FALSE STARTS 8 and Over  
- STARTS WILL BE OVER THE TOP WHEREEVER POSSIBLE.**

## **AGE GROUPS: Individual Events 6 & under, 7 - 8, 9 - 10, 11 - 12, 13 - 14, 15 & over**

The age of the swimmer on December 31<sup>st</sup> last year determines the age group in which the swimmer is eligible to participate.

### **AGENDA**

Sunday 8 <sup>th</sup> February, 2015	Warm-Up	8:15 AM - 9:45 AM
	Sprinter's Challenge	10:00 AM

### **Registration and Entries**

Entries must be made in Hy-Tek Meet Manager Software. The entries must be returned to the AAC by **Friday 6th February, 2015**. You may submit entries by e-mail to: [steve@steveleal.com](mailto:steve@steveleal.com)

### **The following will apply to all entries:**

1. The swimmers will compete among participants of the same gender (MALE / FEMALE).
2. The swimmers will be organized in age groups.
3. There is no limit to the number of participants and there will be no individual or team scores.
4. Unattached swimmers are encouraged to participate.
5. No relays.
6. There shall be neither substitutes nor alternatives in individual events..
7. Individual competitors may enter up to 6 events.
8. The fees are as follows:
  - (I) EC\$50.00 - per swimmer
  - (II) EC\$ 5.00 - for each scratch after meet entry deadline
  - (III) EC\$10.00 - penalty fee for swimmers who scratch or fail to swim.. This penalty must be paid before the swimmer is permitted to swim further in this Meet.
  - (IV) EC 10.00 - per late entry after meet entry deadline. Late entries will be only allowed in heats with open lanes in an already seeded event.
  - (V) Entry Fees must accompany entry forms or be paid on arrival of team. No team will be allowed to start the competition without payment of meet fees.

### **Age Group Awards**

1. **Medals** will be awarded to the top three (3) places in each event.
2. There will be no medals awarded for the Time Trials

**Officials** : Each club participating will be asked to provide three officials for each session of the meet. Officials' names should be sent with the entries if possible. Volunteers would be appreciated.

### **Stop Line: Pool Attendants & Lifeguards**

**Swimming Regulations:** FINA Rules; Sanctioned by the Antigua & Barbuda Swimming Federation (ABSF)

**Protests** : The designated team representative must file a signed protest to a referee decision with the meet referee within one hour of the posted results of the event. The cost of the protest will be \$40 ECD. The protest will go to the protest committee that will be named prior to the meet start. If the protest is upheld the fee will be returned to the team official.

**Finishes :** Swimmers will remain in their lane until all swimmers finish the race.

**Programme :** There will be no Heats or Preliminaries. All events are Timed Finals and seeded according to entry time. **Note: For a seed time it is a BEST OFFICIAL TIME ACHIEVED IN THE LAST 12 MONTHS, not a time you hope to achieve.** Only if you have no seed time should you enter NT.

The pool will be open 90 minutes prior to the meet for warm-up. Lane assignments will be given at the beginning of the meet.

**Refreshments and Sales: The Antigua Athletic Club will have available drinks and food for sale throughout the meet at a reasonable cost. We urge you to support the Club so that future meets will also be possible. Prepared food purchased from outside may not be consumed on the premises. Please respect the wishes of the Management of the Club. Non-Swimmer admission ec\$10.00. Coaches will be allowed at no charge.**

**5th Annual AAC-Storm Sprinter's Challenge**  
8th February 2015

<u>Age Group</u>	<u>Distance/Stroke</u>
6 & Under	25 m Free
	25 m Back
	25 m Breast
	25 m Fly
	50 m Free
7 – 8	25 m Free
	25 m Back
	25 m Breast
	25 m Fly
	50 m Free
	100 m IM
9 - 10	50 m Free
	50 m Back
	50 m Breast
	50 m Fly
	100 m Free
	100 m IM
11 – 12	50 m Free
	50 m Back
	50 m Breast
	50 m Fly
	100 m Free
	100 m IM
13 – 14	50 m Free
	50 m Back
	50 m Breast
	50 m Fly
	100 m Free
	100 m IM

15 & Over

50 m Free  
50 m Back  
50 m Breast  
50 m Fly  
100 m Free  
100 m IM

Time Trials will be available after the scheduled events. Please provide information on interested swimmers' with the submission of entries.

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
1(F) / 2(M)	7 - 8	100 mts IM
3(F) / 4 (M)	9 - 10	100 mts IM
5(F) / 6 (M)	11 - 12	100 mts IM
7(F) / 8 (M)	13 - 14	100 mts IM
9(F) / 10(M)	15 & Over	100 mts IM
11(F) / 12(M)	6 & under	25 mts Fly
13(F) / 14(M)	7 - 8	25 mts Fly
15(F) / 16(M)	9 - 10	50 mts Fly
17(F) / 18(M)	11 - 12	50 mts Fly
19(F) / 20(M)	13 - 14	50 mts Fly
21(F) / 22(M)	15 & over	50 mts Fly

10 MINUTE BREAK

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
23(F) / 24(M)	6 & under	25 mts Breast
25(F) / 26(M)	7 - 8	25 mts Breast
27(F) / 28(M)	9 - 10	50 mts Breast
29(F) / 30(M)	11 - 12	50 mts Breast
31(F) / 32(M)	13 - 14	50 mts Breast
33(F) / 34(M)	15 & Over	50 mts Breast
35(F) / 36(M)	6 & under	50 mts Free
37(F) / 38(M)	7 - 8	50 mts Free
39(F) / 40(M)	9 - 10	100 mts Free
41(F) / 42(M)	11 - 12	100 mts Free
43(F) / 44(M)	13 - 14	100 mts Free
45(F) / 46(M)	15 & Over	100 mts Free

10 MINUTE BREAK

<u>Event/Gender</u>	<u>Age Group</u>	<u>Distance/Stroke</u>
49(F) / 50(M)	6 & under	25 mts Back
51(F) / 52(M)	7 - 8	25 mts Back
53(F) / 54(M)	9 - 10	50 mts Back
55(F) / 56(M)	11 - 12	50 mts Back
57(F) / 58(M)	13 - 14	50 mts Back
59(F) / 60(M)	15 & over	50 mts Back
61(F) / 62(M)	6 & Under	25 mts Free
63(F) / 64(M)	7 - 8	25 mts Free
65(F) / 66(M)	9 - 10	50 mts Free
67(F) / 68(M)	11 - 12	50 mts Free
69(F) / 70(M)	13 - 14	50 mts Free
71(F) / 72(M)	15 & over	50 mts Free