



antigua & barbuda  
swimming federation

**3<sup>rd</sup> Annual Invitational  
SWIMMING  
CHAMPIONSHIPS**

**2016**

**MEET SUMMONS**

**ANTIGUA ATHLETIC CLUB**

**ST. JOHN'S**

**ANTIGUA**

**FEBRUARY 26<sup>th</sup> -28<sup>th</sup>, 2016**

# **Annual ABSF INVITATIONAL SWIMMING CHAMPIONSHIPS 2016**

**You are cordially invited to participate in the 3<sup>rd</sup> Annual ABSF Invitational Swimming Championships. This competition will be conducted under the sanction of the Antigua Barbuda Swimming Federation and FINA rules. This is the final opportunity for swimmers to qualify for Carifta.**

## **1. DATE AND VENUE**

DATE: February 26 -28, 2016

VENUE: Antigua Health & Fitness Club

No. 24 Pavillion Drive (Coolidge, Antigua, W.I.)

Coolidge St. John's

POOL SPECIFICATIONS: 6 Lane, 25m pool  
Dolphin Semi- Automatic Electronic Timing System

## **2. SCHEDULE**

Thursday 25th February

Technical Meeting - 6:30 p.m. @ Antigua Health & Fitness Club

Friday 26<sup>th</sup> February (Day 1):

Warm up: 4:00pm - 5:30pm

Championships – 6:00pm – 8:00pm

Saturday 27<sup>th</sup> February (Day 2):

Warm-Up: 7:30 a.m. – 9:00 a.m.

Opening Ceremony 9:10 a.m.

Championships – 9:30 a.m.

Sunday 28<sup>th</sup> February (Day 3):  
Warm-Up: 7:45 a.m. – 9:15 a.m.  
Championships – 9:30 a.m.

Awards and Closing Ceremony 5:00 p.m.

### **3. REGISTRATION AND ENTRIES**

All Entries must be made in Hy-Tek Meet Manager format electronically or by using the accompanying excel entry form. They must arrive by **Friday, February 19<sup>th</sup>, 2016**. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail and will be posted on [www.swimantiguabarbuda.com](http://www.swimantiguabarbuda.com)). **For a seed time the FINA rule needs to be observed, it is a BEST OFFICIAL TIME ACHIEVED IN THE LAST 12 MONTHS not a time you hope to achieve.** Only if you have no seed time should you enter NT. The Meet Referee may call an intermission if he/she deems it necessary to do so. Entries must be sent to Roy Bento at Email: [roy@harpersoffice.com](mailto:roy@harpersoffice.com) or Fax: 1 268 462 5563.

### **4. COMPETITION RULES**

#### **4.1. THE COMPETITION**

The Competition will be conducted in accordance with FINA Rules in force at the start of the competition. FINA Rule SW 4.4 shall be applied. Throughout the Meet there will be a no FALSE-START rule for age groups 9-10 and older, and a two false start rule for younger age groups.

**STARTS WILL BE OVER THE TOP WHERE EVER POSSIBLE.  
ALL EVENTS are TIMED FINALS**

#### **4.2. PROTESTS**

The designated team representative must file a signed protest to a referee decision with the meet referee within 30 minutes of the posted results of the event. The cost of the protest will be ECD\$100. The protest will go to the protest committee that will be named prior to the meet start. If the protest is upheld the fee will be returned to the team official.

#### **4.3. AGE GROUPS**

Competitors will compete in the following age groups:

6 & under  
7 - 8  
9 - 10  
11 - 12  
13 - 14  
15 & over

All events will be swum according to Age Group except events over 200m, which will be swum as Open Events but scored according to Age Group.

For the relay events, the age groups shall be as follows:

10 & Under  
11-14  
15 & Over

The swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2015**.

#### **4.4. ELIGIBILITY**

Competitors must be amateurs as defined by FINA and registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ABSF through their clubs. Unattached swimmers are encouraged to participate.

#### **4.5. ENTRIES**

##### **RULES AND REGULATIONS:**

1. There is **NO** limit to the number of swimmers which your club can enter in an individual event, however, only the two fastest swimmers will score team points. There shall be neither substitutes nor alternatives in individual events.
2. Unattached swimmers are encouraged to participate.
3. There is no limit to the number of Relay Teams a Club can enter in an event, however, only one relay team will score points.
4. There is no restriction on the number of events in which an individual competitor may participate.
5. Heats will be announced and all swimmers missing their respective heat will not be allowed to take part in that event.
6. Where an event is not available in a specific age group, Swim Ups will only be allowed if space is available in a heat in that event. No new heats will be created for swim-ups. All swim ups will be exhibition only.

7. The fees are as follows:
  - a. EC\$ 50.00 - Team Fee
  - b. EC\$75.00 – Individual Fee (6 or more events)
  - c. EC\$50.00 – Individual Fee (5 or less events)
  - d. EC\$ 5.00 - Penalty fee for swimmers who fail to scratch, or fail to swim. This penalty must be paid before the swimmer is permitted to swim further in this Meet.
8. EC\$ 10.00 - per late entry after Technical meeting. These entries will only be allowed in heats with open lanes in an already seeded event.
9. ENTRY FEES MUST BE PAID BEFORE START OF MEET.
10. Competitors should be entered with a seed time or NT (No Time). Swimmers will be seeded in each event according to ENTRY TIMES.
11. The Organizing Committee reserves the right to cancel an event if the registration is less than 3 individuals.
12. The Organizing Committee also reserves the right to combine heats to enable greater efficiency of the meet schedule.
13. Swimmers competing in relay events must be registered in the meet.
14. Relay forms must be filled in duplicate and handed in to the Computer Room thirty (30) minutes before the start of the first event of the Session; a copy must be handed to the Head Lane Time keeper at the beginning of the event.
15. The Mixed Medley relay must have at least one male and one female in the relay team.
16. Any change must be made no later than four (4) events prior to the scheduled event number; after that, only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules..
17. Local clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ABSF at least four(4) days before the start of the competition. Volunteers MUST report to the volunteer desk at least 30 minutes before the start of the competition for registration and assignment.

## 5. AWARDS

1. Medals will be awarded to the first three (3) places in each event (male & female).
2. Trophies will be awarded to the swimmer in each group, male and female, with the highest number of points. Medals will be awarded to swimmers placing second and third. **This will be evaluated over the swimmer's 10 best events. Please note that there are no ties for the age-group high-point awards. In the event of more than one swimmer amassing the same number of points at the end of the meet, the swimmer with the higher number of individual victories will be given the award. Should there be an equal number of victories, the number of second place finishes, third place etc. shall be the determining factor.**

3. A Championship Trophy will be awarded to the 1<sup>st</sup> placed Team in the competition.
4. Scoring shall be as follows:  
Individual Events 9, 7, 6, 5, 4, 3, 2, 1      **Relays Double Points**
6. Relays will be awarded ribbons and not medals.

## **6. Spectator/Supporter Fees**

Spectator/Supporter Fees will be as follows:

EC\$25 Weekend Pass (adult)  
EC\$10 per session (Adult) per day  
EC\$5 per session per day (Child aged 15 and Under)  
Children under 5 years – no charge  
Meet Programme - \$10 daily

## **7. REFRESHMENTS**

Food and drink will be available on the premises, throughout the meet. **No outside food or drinks** except water will be allowed to be consumed on the premises. This is a private club and all are asked to respect these rules.

## **8. TECHNICAL MEETING**

There will be a brief Technical Meeting on Thursday 5<sup>th</sup> March 2016 at 6:30 pm at the Antigua Athletic Club. At this meeting, swimmers may be scratched from events but no alternates or substitutes will be permitted. Clubs overseas should have their scratches submitted on this day by 6:00pm.

## **9. OPENING OF POOL**

The pool will be opened 90 minutes before the scheduled start of the competition session. The pool will be closed 10 minutes before the start of the competition.

## **10. TRANSPORTATION**

- A. Overseas Teams are responsible for arranging their own transportation to and from Antigua and the cost there-of.
- B. Teams are also responsible for arranging their own transportation from the airport to their chosen hotel.

**11.** The recommended hotels are all within 5 – 10 mile distance of the Antigua Athletic Club.

## **12. ACCOMMODATION**

Teams are responsible for arranging their own accommodation and the costs thereof. The following hotels are all within a 10-15min drive of the Championship Venue:

Halcyon Cove Hotel  
Dickenson Bay  
Tel: 268-462-0256  
Fax: 268-462-0271  
E-mail: [reschanu@rexresorts.net](mailto:reschanu@rexresorts.net)  
Website: [www.rexresorts.com](http://www.rexresorts.com)

Anchorage Inn  
Dickenson Bay  
Tel: 268-462-4065  
Fax: 268-462-4066  
E-mail: [info@antiguaanchorageinn.com](mailto:info@antiguaanchorageinn.com)  
Website: [www.antiguaanchorageinn.com](http://www.antiguaanchorageinn.com)

Carters Rent a Car & Guest House  
Airport Rd.  
**Tel:** 1(268) 562-2956 (Main Office/Fax)  
1(268) 463-0675 (Office)  
1(268) 773-0675 (Cell)  
**Email:** [cartersrentacar@hotmail.com](mailto:cartersrentacar@hotmail.com)  
Website: [cartersguesthouses.com](http://cartersguesthouses.com)

Ocean Point Resort & Spa  
Hodges Bay  
Tel: 1(268)562-8330  
Website: [www.oceanpointantigua.com/](http://www.oceanpointantigua.com/)

## **13. CONTACT INFORMATION**

Antigua & Barbuda Swimming Federation  
Organizing Committee  
Roy Bento  
VP – Pool Swimming - ABSF & Meet Director  
Tel: 1 268 726 6666  
Fax: 1 268 462-5563  
Email: [roy@absf.ag](mailto:roy@absf.ag) or [roy@harpersoffice.com](mailto:roy@harpersoffice.com)

Secretary  
Patricia Knight Roberts  
Email: [secretary@absf.ag](mailto:secretary@absf.ag)

#### **14. TECHNICAL OFFICIALS**

Federations or Individuals are invited to apply to the Organizing Committee to act as Technical Officials in the Competition. Please send requests to:

Edith Clashing  
ABSF Technical Director  
Tel: 1 268 783-0578  
E-mail: [techdir@absf.ag](mailto:techdir@absf.ag)

#### EVENTS:

##### **6 & under (7 events)**

25 - Free, Back, Breast, Fly  
50 - Free,  
100 - Free  
100- IM

##### **7-8 (10 events)**

25 - Free, Back, Breast, Fly  
50 - Free, Back, Breast, Fly  
100 - Free  
100 - IM

##### **9-10 (11 events)**

50 - Free, Back, Breast, Fly  
100 - Free, Back, Breast, Fly  
200 - Free  
400 - Free  
800 - Free  
100 - IM

##### **11 & over (14 events)**

50 - Free, Back, Breast, Fly  
100 - Free, Back, Breast, Fly  
200 - Free, Back, Breast, Fly  
400 - Free  
800 - Free  
1500 - Free  
200IM



Relays:

200m Mixed Medley relay (10 & U, 11& over)

200m Freestyle relay (10 & U, 11& over)

### ORDER OF EVENTS

PROGRAMME FOR 3 <sup>rd</sup> ANNUAL ABSF INVITATIONAL 2016		
EVENT NO.	EVENT	AGE GROUP
Friday 6:00 – 8:00		
1-2	4 x 50 Mixed Medley relay	(10 & U, 11& over)
3-4	1500 Freestyle	F/M Open
5-6	800 Freestyle	F/M Open
<b>Saturday 9:30 – Session 1</b>		
7-8	100 Freestyle	F/M 8 & Under
9-10	400 Freestyle	F/M Open
11-12	25 Breaststroke	F/M 8 & Under
13-14	50 Breaststroke	F/M 9-10
15-16	50 Breaststroke	F/M 11-12
17-18	50 Breaststroke	F/M 13-14
19-20	50 Breaststroke	F/M 15 & over
21-22	50 Backstroke	F/M 8 & Under
23-24	100 Backstroke	F/M 9-10
25-26	100 Backstroke	F/M 11-12
27-28	100 Backstroke	F/M 13-14
29-30	100 Backstroke	F/M 15 & Over
	Lunch Break	

	<b>Saturday p.m. - Session 2</b>	
31-32	50 Butterfly	F/M 8 & Under
33-34	200 Butterfly	F/M 11-12
35-36	200 Butterfly	F/M 13-14
37-38	200 Butterfly	F/M 15 & over
39-40	50 Backstroke	F/M 9-10
41-42	50 Backstroke	F/M 11-12
43-44	50 Backstroke	F/M 13-14
45-46	50 Backstroke	F/M 15 & Over
47-48	200 Breaststroke	F/M 11-12
49-50	200 Breaststroke	F/M 13-14
51-52	200 Breaststroke	F/M 15 & Over
53-54	25 Freestyle	F/M 8 & Under
55-56	100 Freestyle	F/M 9-10
57-58	100 Freestyle	F/M 11-12
59-60	100 Freestyle	F/M 13-14
61-62	100 Freestyle	F/M 15 & Over
	<b>Sunday 9:30am – Session 3</b>	
63-64	100 Individual Medley	F/M 8 & Under
65-66	100 Individual Medley	F/M 9-10
67-68	200 Individual Medley	F/M 11-12
69-70	200 Individual Medley	F/M 13-14
71-72	200 Individual Medley	F/M 15 & Over
	10 min break	
73-74	25 Butterfly	F/M 8 & Under
75-76	50 Butterfly	F/M 9-10
77-78	50 Butterfly	F/M 11-12
79-80	50 Butterfly	F/M 13-14
81-82	50 Butterfly	F/M 15 & Over
83-84	25 Backstroke	F/M 8 & Under
85-86	200 Backstroke	F/M 11-12
87-88	200 Backstroke	F/M 13-14
89-90	200 Backstroke	F/M 15 & Over
91-92	50 Breaststroke	F/M 8 & Under
93-94	100 Breaststroke	F/M 9-10
95-96	100 Breaststroke	F/M 11-12

97-98	100 Breaststroke	F/M 13-14
99-100	100 Breaststroke	F/M 15 & Over
	Lunch	
	<b>Sunday p.m. - Session 4</b>	
101-102	200 Freestyle	F/M 9-10
103 - 104	200 Freestyle	F/M 11-12
105 - 106	200 Freestyle	F/M 13-14
107 - 108	200 Freestyle	F/M 15 & Over
	10 min break	
109 - 110	100 Butterfly	F/M 9-10
111 - 112	100 Butterfly	F/M 11-12
113 - 114	100 Butterfly	F/M 13-14
115 - 116	100 Butterfly	F/M 15 & Over
117 - 118	50 Freestyle	F/M 8 & Under
119 -120	50 Freestyle	F/M 9-10
121 -122	50 Freestyle	F/M 11-12
123 -124	50 Freestyle	F/M 13-14
125 -126	50 Freestyle	F/M 15 & Over
127-128	4 x 50 Freestyle Relay	F/M 10 & Under
129-130	4 x 50 Freestyle Relay	F/M 11 - 14
131-132	4 x 50 Freestyle Relay	F/M 15 & over
	Awards & Closing Ceremony	