



antigua & barbuda  
swimming federation

**6<sup>th</sup> Annual Invitational  
SWIMMING  
CHAMPIONSHIPS**

**2019**

**MEET SUMMONS**

**Antigua Health and Fitness Club**

**No. 24 Pavillion Drive**

**Coolidge**

**ANTIGUA (W.I)**

**OCTOBER 18<sup>th</sup>-20<sup>th</sup>, 2019**

**Tel. (268)725-5000 or (268) 464-3662**

**[vppools@absf.ag](mailto:vppools@absf.ag) or [techdir@absf.ag](mailto:techdir@absf.ag)**

## **Annual ABSF INVITATIONAL SWIMMING CHAMPIONSHIPS 2019**

**You are cordially invited to participate in the 6<sup>th</sup> Annual ABSF Invitational Swimming Championships. This competition will be conducted under the sanction of the Antigua Barbuda Swimming Federation and FINA rules.**

### **1. DATE AND VENUE**

DATE: October 18 -20, 2019

VENUE: Athletic Club

Coolidge, St. John's

Antigua W.I

POOL SPECIFICATIONS: 6 Lane, 25m pool  
Dolphin Semi- Automatic Electronic Timing System

### **2. SCHEDULE**

Thursday 17th October

Technical Meeting - 6:30 p.m. @ Antigua Health & Fitness Club

(Scratches can be submitted ahead by email)

Friday 18<sup>th</sup> October (Day 1):

Warm up: 4:00pm - 5:30pm

Championships – 6:00pm – 8:00pm

Saturday 19<sup>th</sup> October (Day 2):

Warm-Up: 7:30 a.m. – 9:00 a.m.

Opening Ceremony 9:10 a.m.

Championships – 9:30 a.m.

Sunday 20th October (Day 3):

Warm-Up: 7:45 a.m. – 9:15 a.m.

Championships – 9:30 a.m.

Awards and Closing Ceremony 5:00 p.m.

### **3. REGISTRATION AND ENTRIES**

All Entries must be made in Hy-Tek Meet Manager format electronically or by using the accompanying excel entry form. They must be submitted by **Friday, October 11<sup>th</sup>, 2019**. (The required Hy-Tek format or the Excel entry spread sheet will be distributed separately by electronic mail and will be posted on [www.swimantiguabarbuda.com](http://www.swimantiguabarbuda.com)). **For a seed time the FINA rule needs to be observed, it is a BEST OFFICIAL TIME ACHIEVED IN THE LAST 12 MONTHS not a time you hope to achieve.** Only if you have no seed time should you enter NT. Entries must be sent to Darren Derrick  
Email: [yppools@absf.ag](mailto:yppools@absf.ag)

### **4. COMPETITION RULES**

#### **4.1. THE COMPETITION**

The Competition will be conducted in accordance with FINA Rules in force at the start of the competition. FINA Rule SW 4.4 shall be applied. Throughout the Meet there will be a no FALSE-START rule for age groups 9-10 and older, and a two false start rule for younger age groups.

**STARTS WILL BE OVER THE TOP WHERE EVER POSSIBLE.**

**ALL EVENTS are TIMED FINALS**

#### **4.2. PROTESTS**

The designated team representative must file a signed protest to a referee decision with the meet referee within 30 minutes of the posted results of the event. The cost of the protest will be ECD\$100. The protest will go to the protest committee that will be named prior to the meet start. If the protest is upheld the fee will be returned to the team official.

#### **4.3. AGE GROUPS**

Competitors will compete in the following age groups:

8 & under

9 - 10

11 - 12

13 - 14

15 & over

All individual events except or the 8 & under and the 100 IM for the 9-10 category will be swum as Open Events but scored by age group.

For the relay events, the age groups shall be as follows:

10 & Under

11-14

15 & Over

The swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2018**

#### **4.4. ELIGIBILITY**

Competitors must be amateurs as defined by FINA and registered swimmers with the Federation of the country sanctioning their participation. All local swimmers must be registered with ABSF through their clubs. Unattached swimmers are encouraged to participate. Unattached means swimmers who have moved from one club to another under the period of 4 months.

#### **4.5. ENTRIES**

##### **RULES AND REGULATIONS:**

1. There is **NO** limit to the number of swimmers which your club can enter in an individual event, however, only the two fastest swimmers will score team points. There shall be neither substitutes nor alternatives in individual events.
2. There is no limit to the number of Relay Teams a Club can enter in an event. However, only one relay team will score points.
3. There is no restriction on the number of events in which an individual competitor may participate.
4. Heats will be announced and all swimmers missing their respective heat will not be allowed to take part in that event.
5. Where an event is not available in a specific age group, Swim Ups will only be allowed if space is available in a heat in that event. No new heats will be created for swim-ups. All swim ups (or downs) will be exhibition only.
6. The fees are as follows:
  - a. EC\$50.00 - Team Fee
  - b. EC\$75.00 – Individual Fee (6 or more events)
  - c. EC\$50.00 – Individual Fee (5 or less events)
  - d. EC\$ 10.00 - Penalty fee for swimmers who fail to scratch, or fail to Swim unless a medical certificate is presented. This penalty must be paid before the swimmer is permitted to swim further in this Meet.
7. EC\$ 10.00 - per late entry after Technical meeting. These entries will only be allowed in heats with open lanes in an already seeded event.

8. ENTRY FEES MUST BE PAID BEFORE START OF MEET. SWIMMERS WILL NOT BE ALLOWED TO PARTICIPATE UNLESS CLUBS PAY IN MEET FEES. ALL MEET FEES SHOULD BE PAID IN ON FRIDAY 18<sup>TH</sup> OCTOBER. FEES PAID IN AFTER FRIDAY 18<sup>TH</sup> WILL PAY A PENALTY OF AN ADDITIONAL \$100.
9. Competitors should be entered with a seed time or NT (No Time). Swimmers will be seeded in each event according to ENTRY TIMES.
10. The Organizing Committee reserves the right to cancel an event if the registration is less than 3 individuals.
11. The Organizing Committee also reserves the right to combine heats to enable greater efficiency of the meet schedule.
12. Swimmers competing in relay events must be registered in the meet. Swim up will be allowed in the relay teams, however such persons cannot also be in another relay team in their actual age group.
13. Relay forms must be filled in duplicate and handed in at the Computer Desk thirty (30) minutes before the start of the first event of the Session; a copy must be handed to the Head Lane Time keeper at the beginning of the event. The other copy will come to the control desk.
14. The Mixed Medley relay must have two males and two females in the relay team.
15. Any change must be made no later than four (4) events prior to the scheduled event number; after that, only on the presentation of a valid medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
16. Time trials will be accepted for 200 fly, 200 back, 200 breast and they may be run concurrently if subscriptions are low. Time trials in other events may be allowed but will be limited to one heat only. Time trials may be run on the Saturday or Sunday before each session but must be submitted the day before. Each individual time trials request will cost \$20. Time trials are not taken into account for rankings.
17. Each team will be allowed 2 officials to enter complimentary but the names must be submitted with the entries. Each team will be given one (1) complimentary heat sheet only.
18. Local clubs are required to submit, with their entries, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ABSF at least four (4) days before the start of the competition. Volunteers MUST report to the volunteer station at least 30 minutes before the start of the competition for roll call and assignment.  
Please use the following guide to provide timers for the meet.  
1-10 swimmers – 2 timers per session  
11-20 swimmers – 5 timers per session  
+20 swimmers – 7 timers per session

## 5. AWARDS

1. Medals will be awarded to the first three (3) places in each event (male & female).
2. Trophies will be awarded to the swimmer in each group, male and female, with the highest number of points. High Point Medals will be awarded to swimmers placing second and third place in their age categories.
3. A Championship Trophy will be awarded to the 1<sup>st</sup> placed Team in the competition.
4. Scoring shall be as follows:  
Individual Events     9, 7, 6, 5, 4, 3, 2, 1                    **Relays Double Points**
6. Relays will be awarded ribbons and not medals.

## **6. Spectator/Supporter Fees**

Spectator/Supporter Fees will be as follows:

EC\$25 Weekend Pass (adult)

EC\$10 per session (Adult) per day (13yrs & over)

EC\$5 per session per day (Children aged 5 – 12 yrs)

Children under 5 years – no charge

Meet Programme - \$5 daily

## **7. REFRESHMENTS AND SALES**

**No outside food will be allowed in the facility. This is a private club and no outside food policy must be adhered to.**

**The facility will have available drinks and food for sale throughout the meet. Teams are encouraged to submit their orders for meals early to the front desk.**

## **8. TECHNICAL MEETING**

There will be a brief Technical Meeting on Thursday 17<sup>th</sup> October 2019 at 6:30 pm at the Antigua Athletic Club. At this meeting, swimmers may be scratched from events but no alternates or substitutes will be permitted. Clubs overseas should have their scratches submitted on this day by 6:00pm.

## **9. OPENING OF POOL**

The pool will be opened 90 minutes before the scheduled start of the competition session. The pool will be closed 10 minutes before the start of the competition.

## **10. TRANSPORTATION**

A. Overseas Teams are responsible for arranging their own transportation to and from Antigua and the cost there-of.

B. Teams are also responsible for arranging their own transportation from the airport to their chosen hotel.

C. The recommended hotels are all within 5 – 10 mile distance of the Antigua Athletic Club.

## **11. ACCOMMODATION**

Teams are responsible for arranging their own accommodation and the costs thereof. The following hotels are all within a 10-15min drive of the Championship Venue:

Cortsland Hotel – Antigua & Barbuda  
Upper Gambles  
Tel: 268-462 1395  
Email:- [cortsland@candw.ag](mailto:cortsland@candw.ag)  
Website:[www.cortlanthotel.com](http://www.cortlanthotel.com)

Halcyon Cove Hotel  
Dickenson Bay  
Tel: 268-462-0256  
Fax: 268-462-0271  
E-mail:[reschanu@rexresorts.net](mailto:reschanu@rexresorts.net)  
Website: [www.rexresorts.com](http://www.rexresorts.com)

Ocean Point Resort & Spa  
Hodges Bay  
Tel: 1 (268)562-8330  
Website: [www.oceanpointantigua.com](http://www.oceanpointantigua.com)

Anchorage Inn  
Dickenson Bay  
Tel: 268-462-4065  
Fax: 268-462-4066  
E-mail: [info@antiguaanchorageinn.com](mailto:info@antiguaanchorageinn.com)  
Website: [www.antiguaanchorageinn.com](http://www.antiguaanchorageinn.com)

## **12. CONTACT INFORMATION**

VP – Pool Swimming & Meet Director  
Daren Derrick  
Tel: 1 268 725 5000  
Email: [vppools@absf.ag](mailto:vppools@absf.ag)

General Secretary  
Cheryl Appleton  
Email: [secretary@absf.ag](mailto:secretary@absf.ag)

Emma Guevara Martin  
ABSF Technical Director  
Tel: 1 268 464 3662  
E-mail: [techdir@absf.ag](mailto:techdir@absf.ag)

### **13. TECHNICAL OFFICIALS**

Federations or Individuals are invited to apply to the Organizing Committee to act as Technical Officials in the Competition. See application form on page 11. Please send requests to:

Emma Guevara Martin  
ABSF Technical Director  
Tel: 1 268 464 3662  
E-mail: [techdir@absf.ag](mailto:techdir@absf.ag)

#### EVENTS:

##### **8 & under (10 events)**

25 - Free, Back, Breast, Fly  
50 - Free, Back, Breast, Fly  
100 - Free  
100 – IM

##### **9-10 (11 events)**

50 - Free, Back, Breast, Fly  
100 - Free, Back, Breast, Fly  
200 – Free  
400 – Free  
100 – IM

##### **11 & over (12 events)**

50 - Free, Back, Breast, Fly  
100 - Free, Back, Breast, Fly  
200 - Free  
400 – Free  
100IM  
200IM

#### Relays:

200m Mixed Medley relay (10 & U, 11-14, 15 & over)  
200m Freestyle relay (10 & U, 11-14, 15 & over)

#### Time trials:

200 fly, 200 back, 200 breast



## ORDER OF EVENTS

PROGRAMME FOR ABSF 6 <sup>th</sup> ANNUAL INVITATIONAL 2019		
EVENT NO.	EVENT	AGE GROUP
<b>Friday 6:00pm – 8:00pm – Session 1</b>		
1 & 2	100 Individual Medley	F/M 11 & over
3 & 4	100 Freestyle	F/M 8 & Under
5 & 6	400 Freestyle	F/M Open
	10 min	
7 & 8	4 x 50 Freestyle Relay	F/M 10 & Under
9 & 10	4 x 50 Freestyle Relay	F/M 11 - 14
11 & 12	4 x 50 Freestyle Relay	F/M 15 & over
<b>Saturday 9:30am – Session 2</b>		
	Time trials	
13 & 14	200 freestyle	Open
15 & 16	50 Breaststroke	F/M 8 & Over
17 & 18	25 Butterfly	F/M 8 & Under
19 & 20	100 Butterfly	F/M 9 & Over
Lunch Break – 30 min break		
21 & 22	25 Backstroke	F/M 8 & Under
23 & 24	100 Backstroke	F/M 9 & over
25 & 26	50 Freestyle	F/M 8 & Under
27 & 28	100 Freestyle	F/M 9 & over
<b>Sunday 9:30am – Session 3</b>		
	Time trials	
29 & 30	100 IM	F/M 8 & Under
31 & 32	100 IM	F/M 9-10
33 & 34	200 IM	F/M 11 & Over
	10 min break	
35 & 36	50 backstroke	F/M 8 & Over
37 & 38	25 Breaststroke	F/M 8 & Under
39 & 40	100 Breaststroke	F/M 9 & over
Lunch – 30 min		

41 & 42	50 Butterfly	F/M 8 & Over
43 & 44	25 Freestyle	F/M 8 & Under
45 & 46	50 Freestyle	F/M 9 & Over
	10 min break	
47 & 48	4 x 50 Mixed Medley Relay	10 & under
49 & 50	4 x 50 Mixed Medley Relay	11-14
51 & 52	4 x 50 Mixed Medley Relay	15 & over
	Awards & Closing Ceremony	

# ABSF 6<sup>th</sup> ANNUAL INVITATIONAL SWIMMING CHAMPIONSHIPS

2019

## APPLICATION FORM FOR TECHNICAL OFFICIALS

NAME: \_\_\_\_\_ SIGNATURE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

COUNTRY: \_\_\_\_\_

I apply to officiate in: Swimming \_\_\_\_\_

THE POSITION I CAN FILL IS \_\_\_\_\_

I HAVE SERVED AS A TECHNICAL OFFICIAL FOR THE PAST \_\_\_\_ YEARS: (List meets/events at which officiated and positions served)

NATIONAL: \_\_\_\_\_

\_\_\_\_\_

INTERNATIONAL: \_\_\_\_\_

MY PRESENT POSITION AS TECHNICAL OFFICIAL IS:

a) NATIONAL \_\_\_\_\_

b) FINA list # \_\_\_\_\_

This form must be signed by the President or Secretary of the National Federation of the National Federation.

Name \_\_\_\_\_ Title \_\_\_\_\_

Date \_\_\_\_\_

**NOTES:**