

**25<sup>th</sup>**  
**ANNUAL**



**ECS** SWIMMING  
**CHAMPIONSHIPS**  
**2015**

**ANTIGUA ATHLETIC CLUB**

**ST. JOHN'S**

**ANTIGUA**

**NOVEMBER 5-8, 2015**

# **MEET SUMMONS**

## **25<sup>th</sup> Annual OECS SWIMMING CHAMPIONSHIPS**

**You are cordially invited to participate in the 25<sup>th</sup> Annual OECS Swimming Championships. This competition will be conducted under the sanction of the O.E.C.S. Sports Desk and the Antigua Barbuda Swimming Federation.**

### **1. DATE AND VENUE**

**DATE: November 5 - 8, 2015**

**Pool Competition: November 5-7, 2015**

**VENUE: Antigua Athletic Club**

**No. 24 Pavillion Drive (Coolidge, Antigua, W.I.)**

**POOL SPECIFICATIONS: 6 Lane, 25m pool**

**Dolphin Semi-Automatic Electronic Timing System (Automatic Start/Manual Stop)**

**Open Water Competition: November 8<sup>th</sup> 2015**

**Venue: Fort James Beach**

## **2. SCHEDULE**

### **Wednesday 4th November:**

Arrival of teams

**Thursday 5<sup>th</sup> November (Day1):** Warm up 3:30 – 4:50pm

Technical Meeting SW & OW- 2:00 p.m. (Antigua Athletic Club)

Competition Starts 5:00 p.m.

Opening Ceremony 6:30 p.m.

Relays – 7:30 p.m

### **Friday 6th November (Day 2):**

Warm-up: 8:00 a.m. – 9:50 a.m.

Competition Starts 10:00 a.m.

### **Saturday 7th November (Day 3):**

Warm-Up: 8:00 a.m. – 9:50 a.m.

Competition Starts – 10:00 a.m.

Awards and closing of pool event: 3:30pm

O.E.C.S. Congress: 5:00 p.m. (Venue to be announced)

### **Sunday 8th November (Day 4):**

Medical Check – 8:30am

Registration completion - 8:30 a.m. – 9:45 a.m.

Competition Starts – 10:00 a.m.

Awards and Closing Ceremony 1:00 p.m.

Farewell Social

**Monday 12th November:**

Departure of Teams

**3. INVITED FEDERATIONS**

Federations representing all member states of the O.E.C.S.:

1. Anguilla
2. Antigua & Barbuda
3. British Virgin Islands
4. Commonwealth of Dominica
5. Grenada
6. Montserrat
7. St. Lucia
8. St. Kitts & Nevis
9. St. Vincent & the Grenadines

**4. COMPETITION RULES**

**A - SWIMMING**

**4.1. THE COMPETITION**

The Competition will be conducted in accordance with FINA Rules in force at the start of the competition. FINA Rule SW 4.4 shall be applied. Throughout the Meet there will be a no FALSE-START rule for age groups 9-10 and older, and a two false start rule for younger age groups.

**4.2. INTERPRETATIONS**

The Organizing Committee and the Jury of Appeal shall have complete authority to answer and resolve any interpretation, resolution and call relating to this Competition. Nominations for the Jury of Appeal should be submitted at the Technical Meetings.

Video footage may not be used to dispute decisions of the Meet Referee. FINA rules do not allow for video replays to be used as evidence

### **4.3. AGE GROUPS**

Competitors will compete in the following age groups:

- 8 & Under
- 9 - 10
- 11 - 12
- 13 - 14
- 15 – 17
- 18 & Over

All events will be swum according to Age Group except the 400m Free, which will be swum as an Open Event, but scored according to Age Group.

For the relay events, the age groups shall be as follows:

- 10 & Under
- 11 – 14
- 15 & Over

The swimmer's age group shall be determined by the age of the swimmer as of **midnight on 31st December 2014.**

## **B. OPEN WATER**

### **4.1.1 THE COMPETITION**

The 5k champions will be the swimmers (male & female) that have the best time. 1<sup>st</sup> male and 1<sup>st</sup> female will be awarded championship trophies and medals will be awarded to the 2<sup>nd</sup> and 3<sup>rd</sup> place finishers male and female. Each country will be allowed a maximum of 4 competitors - 2 male and 2 female.

### **4.2.1 INTERPRETATION**

2013-17 FINA rules require that the Open Water swimmers to be a minimum age of 14 years on the date of the competition.

### **4.3.1 AGE GROUPS**

- A. Competitors will compete in the following age groups;  
14 & over male & female
- B. The swimmers age group will be determined by the age of the swimmer as of **midnight on 31<sup>st</sup> December 2015.**

The organizing committee will be running its National Open Water championship concurrent with the OECS Open Water Championship. The following events will

be run and swimmers from the OECS are welcome to participate in the following events other than the 5K:

Distance – 1.4k – minimum age 7 yrs

Distance- 2.6k – minimum age 9 yrs

Forms and summons for the National Open Water Swimming Championships will be sent separately.

## **5. ELIGIBILITY**

**A.** All Federations must be in good standing with FINA, proof of which shall be demonstrated in the form of a copy of the receipt for the FINA and ASUA/UANA annual subscription fees. Such receipt is to be submitted at the technical meeting.

**B.** All competitors must be citizens or residents of the country they represent.

## **6. ENTRIES SWIMMING**

A. There will be a limit of 4 Competitors in each sex per age group to a

B. Maximum of 34 swimmers

C. There is no limit to the number of events per swimmer.

D. No substitutions or alternates will be accepted after the final entries have been submitted, except in relays. All relay participants must have been entered in the meet.

E. No Competitor will be able to participate in an age group outside of his or her age group even if it is in an age group older than the competitor.

F. Each Country will be limited to two (2) competitors per individual event and one (1) team per relay event for points; however it will be permitted to include more competitors in each event.

G. In the relays each Country must enter 4 competitors. The order of the swimmers in each relay of the day's proceedings must be handed in to the Clerk of Course one hour before the start of each session.

H. Competitors should be entered with a SEED TIME or NT (No Time).

I. Swimmers will be seeded in each event according to ENTRY TIMES.

J. All events will be swum as timed finals.

## **OPEN WATER**

A. The OECS open water competition will be restricted to the 5k competition. Each Country will be able to enter a maximum of two (2) competitors per

individual event, in men and women. This will be a maximum of 4 competitors per country.

- B. Athletes will compete only if they are represented by their delegate from their country at the championship. The competitor representative must and include with the entry form a document exonerating others of responsibility.
- C. All competitors shall be subject to a compulsory medical examination in the venue of the event before the start of the event. Information on this will be provided at the technical meeting.
- D. The characteristics of the route will be provided at the technical meeting.

Preliminary Entries must be made using Hy-Tek Team Manager file or entry form and must reach the Organizing Committee no later than **Friday, 23rd October 2015**. All entries should be sent by email using available Hy-tek file, to:

Mr. Roy Bento  
Meet Director  
P.O. Box 13, St. John's, Antigua  
E-mail: [roy@absf.ag](mailto:roy@absf.ag) or [roy@harpersoffice.com](mailto:roy@harpersoffice.com)

## **7. TEAM OFFICIALS**

### **Swimming**

Each participating Country may include in its delegation the following officials for accreditation:

- A. Delegations of twelve (12) competitors or less will be allowed three (3) team officials,
- B. Delegations of thirteen (13) to twenty four (24) competitors will be allowed four (4) team officials,
- C. Delegations of twenty five (25) to thirty four (34) competitors will be allowed five (5) team officials,
- D. The name and role of each official should be indicated along with the entries.

### **Open Water**

- A. Teams will be entitled to one (1) team official.

## **8. REGISTRATION/ACCREDITATION PROCEDURE**

A. Prior to the start of the competition, the Head of Delegation will:

- 1. Pay to the Organizing Committee the sum total of meet fees as invoiced by the host Country based on the final entries. Invoices will be sent to the National Federations prior to arrival.

2. Accreditation badges will be issued for each member of the official delegation after payment has been made.
3. The accreditation card must be carried at all times. The loss of an accreditation card must be reported to the Meet Director and will be replaced at a cost of EC \$25.00.

## 9. FEES

### A. Meet Fees for the Competition are as follows:

**Team Fees:** EC \$100 (US\$38) per OECS team entry.

**Individual Fees:** EC \$25 (US\$10) per OECS swimmer.

Meet fees must be paid before the start of the Meet to ABSF's Treasurer. No swimmer will be permitted to participate in the meet in any event unless they are registered in the Meet and the entry fee has been paid.

### B. Spectator/Supporter Fees will be as follows:

**EC\$10 per session (Adult)**

**EC\$25 Weekend Pass (Adult)**

**EC\$5 per session (Child aged 15 and Under)**

**Children under 5 years – no charge**

## 10. TECHNICAL MEETING

There will be a brief Technical Meeting on Thursday 5th November 2015 at 2:00 pm at the Antigua Aquatic Club. At this meeting, swimmers may be scratched from events without a cost but no alternates or substitutes or additional events will be permitted. Teams are encouraged to mail in ahead any scratches prior to the meeting so that the meeting is kept brief.

## 11. SCORING AND AWARDS

Points will be awarded as follows:

### PLACE INDIVIDUAL RELAYS

1	9	18
2	7	14
3	6	12
4	5	10
5	4	8
6	3	6
7	2	4
8	1	2

A. A High Point Championship Trophy will be awarded to the top team.



- B. Medals will be awarded to 1st, 2nd and 3rd place OECS swimmer in each event.
- C. A High Point Trophy will be presented to the OECS champion in each age group (female & male).

## **12. OPENING OF POOL**

The pool will be opened 90 minutes before the scheduled start of the Competition Session. The pool will be closed 10 minutes before the start of the competition.

## **13. FLAGS AND ANTHEMS**

Each Delegation shall provide:

- A. Two (2) flags of their country no larger than 4 feet by 6 feet.
- B. A compact disk of their National Anthem with a time span of not longer than 30 seconds

## **14. CEREMONIES**

- A. There will be an Opening Ceremony on the first day of the competition, Thursday 5<sup>th</sup> November, commencing at 6:30 p.m.
- B. There will be a Closing Ceremony at the end of each championship when the trophies will be presented.

## **15. TRANSPORTATION**

- A. Teams are responsible for arranging their own transportation to and from Antigua and the cost there-of.
- B. Teams are also responsible for arranging their own transportation from the airport to their chosen hotel. Group transportation from the V.C. Bird Airport to Hotels in the north is estimated at US\$16 per (1-4) person, and US\$11 for each additional person after the 4<sup>th</sup> person. Arrangements can be made by contacting the United Taxi Association at:

### **Contact Details:**

Anthony Pierre

Tel: ( 268) 464-5227/ 464-8140

Cell: ( 268) 779-0768/ 772-7798/ 728-9171

Email: [unitedtaxi\\_antigua@hotmail.com](mailto:unitedtaxi_antigua@hotmail.com)

A reliable bus line for your movements between the venue and your hotel is:

Lowger Bus lines Ltd.

Upper Gambles

Tel: 268-462-2029

Fax: 268-462-5598

[www.lowerbuslines.com](http://www.lowerbuslines.com)

C. The listed hotels are all within 5 – 10 mls distance of the Antigua Athletic Club except for the last two.

## **16. ACCOMMODATION**

Teams are responsible for arranging their own accommodation and the costs thereof. The first two hotels are all within 15min driving distance of the Championship Venue. The other two are about 25 min away. Caricom rates should be available at all.

### **Halcyon Cove Hotel**

Dickenson Bay

Tel: +1 (268) 462-0256

Fax: 1 (268) 462-0271

E-mail: [reschanu@rexresorts.net](mailto:reschanu@rexresorts.net)

Website: <http://www.rexresorts.com/antigua>

### **Anchorage Hotel**

Dickenson Bay

Tel: (268) 462-4065

Fax: (268) 462-4066

E-mail: [info@antiguaanchorageinn.com](mailto:info@antiguaanchorageinn.com)

<http://www.antiguaanchorageinn.com>

### **Tradewinds Hotel**

Dickenson Bay

Tel: (268) 462-1223

Fax(268) 462-5007

E-mail: [Cheryl.carter@twhantigua.com](mailto:Cheryl.carter@twhantigua.com)

Website: [www.twhantigua.com](http://www.twhantigua.com)

### **Carter's Rent –A-Car & Guest House** (self contained)

Sir George Walter Highway (Airport Rd)

Carlisle

Tel: (268) 562-2956

Email: [cartersrentacars@hotmail.com](mailto:cartersrentacars@hotmail.com)

**Windchimes Inn** (Bed & Breakfast)  
Sir George Walter Highway (Airport Rd)  
Carlisle  
Tel: (268) 728-2917  
Fax: (268) 562-6929  
Email: [windchimesinn@gmail.com](mailto:windchimesinn@gmail.com)  
Website: [www.windchimesinnantigua.com](http://www.windchimesinnantigua.com)

**Grand Royal Antigua Beach Resort**  
Deep Bay  
Tel: (268) 462-3733  
Fax: (268) 462-3732  
E-mail: [gm@grandroyalantiguan.com](mailto:gm@grandroyalantiguan.com)

**Jolly Beach Resort**  
Bolans  
Tel: 268-462-0061  
Fax: 268-562-2302  
E-mail: [info@jollybeachresort.com](mailto:info@jollybeachresort.com)  
<http://www.jollybeachresort.com>

## **CONTACT INFORMATION**

Antigua Barbuda Swimming Federation  
Organizing Committee OECS 2015 Swimming Championships

Bernadette Knight-Roberts  
Secretary, Antigua Barbuda Swimming Federation  
PO Box 408, St. John's, Antigua  
Tel: 268-725-2545  
E-mail: [secretary@absf.ag](mailto:secretary@absf.ag)

Mr. Dwight Gardiner  
President,  
Tel: 1 268-764-1378  
E-mail: [dcg@candw.ag](mailto:dcg@candw.ag)

Meet Director (SW): Roy Bento  
Tel: 1 268-726-6666  
E-mail: [roy@absf.ag](mailto:roy@absf.ag)

Meet Director (OW): Carl Joseph  
Tel: 1 268-720-9118  
E-mail: [carl\\_joseph@msn.com](mailto:carl_joseph@msn.com)

Committee Co-ordinator & Technical Director  
Edith Clashing  
Tel: 268-783-0578  
E-mail: [techdir@absf.ag](mailto:techdir@absf.ag) or [edithclashing@yahoo.com](mailto:edithclashing@yahoo.com)

#### 18. TECHNICAL OFFICIALS

Federations or Individuals are invited to apply to the Organizing Committee to act as Technical Officials in the Competition.

Such applications should be received by October 1<sup>st</sup> using the form on the last page of this summons.

### **COMPETITION PROGRAMME - ORDER OF EVENTS - SWIMMING**

N.B. Female Events - odd numbers

Male Events - even numbers

#### **DAY ONE: Thursday 5th NOVEMBER**

##### **EVENT DESCRIPTION AGE GROUP**

1 & 2 100m Free 8 & Under

3 & 4 400m Freestyle OPEN

Events 3 & 4 will be swum as Open Events, but points will be awarded according to age Group: **limited to swimmers aged 9 years & older.**

##### **OFFICAL OPENING**

5 & 6 200m Medley Relay 10 & Under

7 & 8 200m Medley Relay 11 – 14

9 & 10 200m Medley Relay 15 & Over

#### **DAY TWO: Friday 6th NOVEMBER**

11 & 12 200m Freestyle 9 - 10

13 & 14 200m Freestyle 11 - 12

15 & 16 200m Freestyle 13 - 14

17 & 18 200m Freestyle 15 - 17

19 & 20 200m Freestyle 18 & Over

15 MINUTES BREAK

21 & 22 50m Breaststroke 11 - 12

23 & 24 50m Breaststroke 13 - 14

25 & 26 50m Breaststroke 15 - 17  
27 & 28 50m Breaststroke 18 & Over

29 & 30 25m Butterfly 8 & Under  
31 & 32 50m Butterfly 9 - 10  
33 & 34 100m Butterfly 11 - 12  
35 & 36 100m Butterfly 13 - 14  
37 & 38 100m Butterfly 15 - 17  
39 & 40 100m Butterfly 18 & Over

~ LUNCH BREAK ~

41 & 42 25m Backstroke 8 & Under  
43 & 44 50m Backstroke 9 - 10  
45 & 46 100m Backstroke 11 - 12  
47 & 48 100m Backstroke 13 - 14  
49 & 50 100m Backstroke 15 - 17  
51 & 52 100m Backstroke 18 & Over

53 & 54 50m Freestyle 8 & Under  
55 & 56 50m Freestyle 9 - 10  
57 & 58 50m Freestyle 11 - 12  
59 & 60 50m Freestyle 13 - 14  
61 & 62 50m Freestyle 15 - 17  
63 & 64 50m Freestyle 18 & Over

### **DAY THREE: Saturday 7th November**

#### **EVENT DESCRIPTION AGE GROUP**

65 & 66 100m Individual Medley 8 & Under  
67 & 68 100m Individual Medley 9 - 10  
69 & 70 200m Individual Medley 11 - 12  
71 & 72 200m Individual Medley 13 - 14  
73 & 74 200m Individual Medley 15 - 17  
75 & 76 200m Individual Medley 18 & Over

15 MINUTES BREAK

77 & 78 50m Backstroke 11 - 12  
79 & 80 50m Backstroke 13 - 14  
81 & 82 50m Backstroke 15 - 17  
83 & 84 50m Backstroke 18 & Over

85 & 86 25m Breaststroke 8 & Under

87 & 88 50m Breaststroke 9 - 10  
89 & 90 100m Breaststroke 11 - 12  
91 & 92 100m Breaststroke 13 - 14  
93 & 94 100m Breaststroke 15 - 17  
95 & 96 100m Breaststroke 18 & Over

~ LUNCH BREAK ~

97 & 198 50m Butterfly 11 - 12  
99 & 100 50m Butterfly 13 - 14  
101 & 102 50m Butterfly 15 - 17  
103 & 104 50m Butterfly 18 & Over

105 & 106 25m Freestyle 8 & Under  
107 & 108 100m Freestyle 9 - 10  
109 & 110 100m Freestyle 11 - 12  
111 & 112 100m Freestyle 13 - 14  
113 & 114 100m Freestyle 15 - 17  
115 & 116 100m Freestyle 18 & Over

117 & 118 4 x 50m Freestyle Relay 10 & Under  
119 & 120 4 x 50m Freestyle Relay 11 - 14  
121 & 122 4 x 50m Freestyle Relay 15 & Over

## **PRESENTATION OF AWARDS AND CLOSING CEREMONY**

### **OPEN WATER**

Event

123 & 124 - 5k (Open Water)	14 - 15
125 & 126 - 5k (Open Water)	16 - 17
127 & 128 - 5k (Open Water)	18 & over

## **PRESENTATION OF AWARDS AND CLOSING CEREMONY**

# 2015 OECS SWIMMING CHAMPIONSHIPS

## ANTIGUA & BARBUDA

### APPLICATION FORM FOR TECHNICAL OFFICIALS

NAME: \_\_\_\_\_ SIGNATURE \_\_\_\_\_

ADDRESS: \_\_\_\_\_

COUNTRY: \_\_\_\_\_

I apply to officiate in: Swimming \_\_\_\_\_; Open Water \_\_\_\_\_ (Please tick appropriate one)

THE POSITION I CAN FILL IS \_\_\_\_\_

I HAVE SERVED AS A TECHNICAL OFFICIAL FOR THE PAST \_\_\_\_ YEARS: (List meets/events at which officiated and positions servered)

NATIONAL: \_\_\_\_\_

\_\_\_\_\_

INTERNATIONAL: \_\_\_\_\_

MY PRESENT POSITION AS TECHNICAL OFFICIAL IS:

a) NATIONAL \_\_\_\_\_

b) FINA list # \_\_\_\_\_

This form must be signed by the President or Secretary of the National Federation of the National Federation.

Name \_\_\_\_\_ Title \_\_\_\_\_

Date \_\_\_\_\_

NOTES:

1. TEAM OFFICIALS MAY NOT ACT AS TECHNICAL OFFICIALS
2. THIS FORM MUST BE RETURNED BY EMAIL TO THE ORGANIZING COMMITTEE OF THE 2015 OECS – Antigua & Barbuda Swimming Federation: [techdir@absf.ag](mailto:techdir@absf.ag) – NOT LATER THAN **October 1<sup>st</sup> 2015**